



**From the Health Office
For the 2018-2019 School Year**

June 2018

Dear Parent/Guardian,

This letter is meant to provide important information regarding medications and sports information for all students entering 8th grade as well as procedures for students who will receive medication at school.

Medications: It is important to inform the school nurse of any health/medical issues (i.e. allergies/epipen, asthma/inhaler or et al). If you wish your child to have over the counter medication (acetaminophen, ibuprofen, etc.) or if your child requires prescription medication in school, the medication form must be completed by a NY State medical provider and signed by parent/guardian. Medication supply (including over the counter) should be brought to the Health Office in the original container. Severe allergy medication must be accompanied by the Anaphylaxis Care Plan form. Please return the completed forms to the Middle School Health Office **by the 1st week of school in September**. No medication will be given without a completed medication form.

Modified Sports Program: Students entering the 7th and 8th grade may participate. The fall season begins September 6, 2018 for students with completed and approved registration on the Family ID. Online registration will open August 6, 2018. Please direct any sport related questions to Arthur McCormack, Athletic Director (914-269-5491).

***** For all sports, a current physical must be on file in the MS Health Office. It is preferable that a copy of a recent physical be uploaded onto familyid.com. This will expedite the process.** Once the completed forms are received, the School Physician will review and give the final clearance to every student. Students must register online **each** sports season (fall, winter, spring). The process goes much quicker if the physical is uploaded.

Attached to this email are: a medication form, anaphylaxis care plan form and emergency information form and physical exam form.

For any health/medical questions please call the Health Office. Thank you and have a safe and happy summer.

Middle School Nurse
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